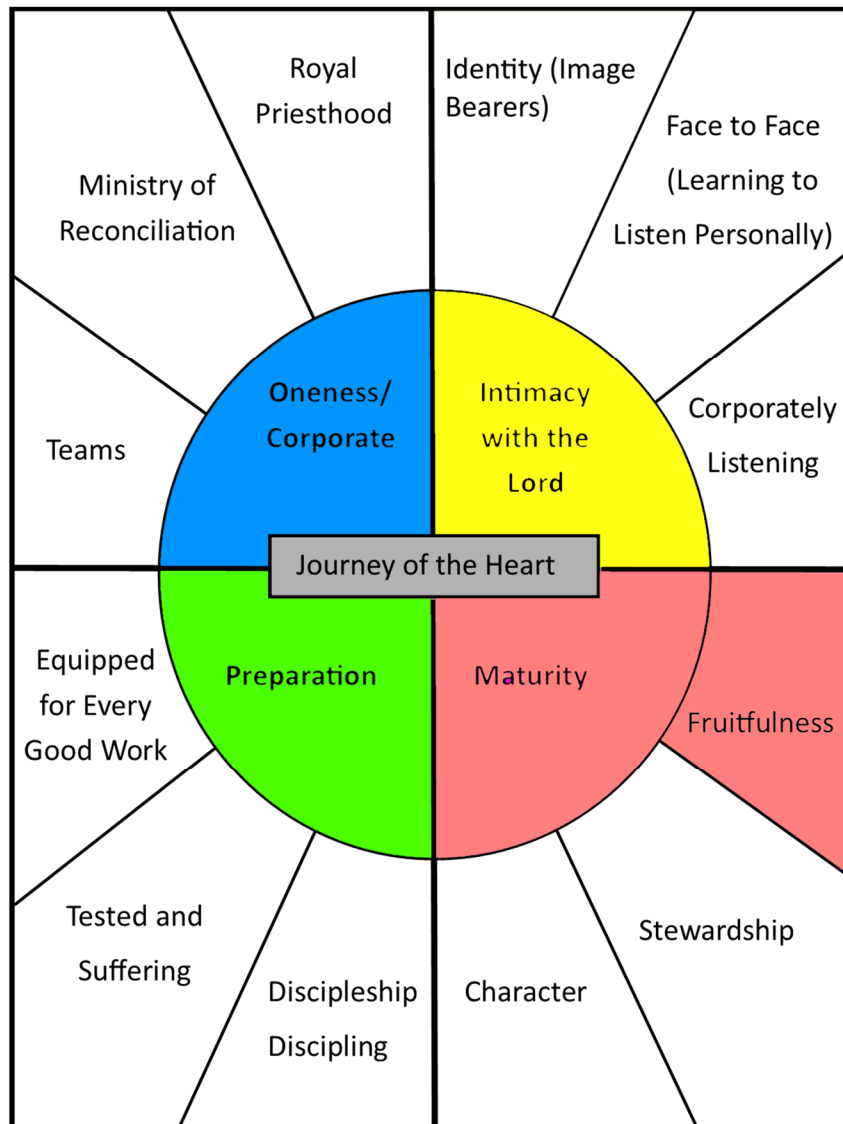


FRUITFULNESS

LEARNING OBJECTIVES:

- ❖ Be able to recognize your own stages of growth—physically, mentally, emotionally, spiritually.
- ❖ Able to cooperate with the Holy Spirit—reflecting His nature and character.
- ❖ Aware of any sin patterns that influence your ability to spiritually mature. Recognizing personal patterns or family patterns that interrupt your spiritual maturity and perception.
- ❖ Understanding spiritual relationships—spiritual parents and children
- ❖ Investigate the presence or absence of fruits of the Spirit—personally and corporately. What contributes to growth or lack of growth?



SCRIPTURE MEDITATION:

- (Week 1) Deuteronomy 7:12-8:3
- (Week 2) I Corinthians 3:1-23
- (Week 3) Hebrews 5:12-6:15
- (Week 4) John 15:1-11

TRIAD QUESTIONS:

WEEK 1:

1. Are you aware of any sin patterns that influence your ability to spiritually mature?
2. Do God's goodness and His sovereignty ever seem to be in conflict in your thinking?
3. God humbled the Israelites by bringing them to a place where all they could do was depend on Him. Has there been a time in your life when God has humbled you into complete dependence, and what did you learn from that experience?
4. God tested Israel because they didn't know their own hearts. When do you feel God tested you to reveal the state of your heart and what did you learn from this experience?
5. Compared to Matthew 13 and Luke 8, the Parable of the Sower, what is the condition of the soil of your heart? Ask the Holy Spirit to specifically identify the environmental elements of your soil and what should be changed? What are the seeds that have been sown into you that are to be growing and reproducing?

WEEK 2:

1. Do you recognize any personal or family patterns that interrupt your perceptions and maturity?
2. Why is the world unable to see/believe in the goodness of God? When are you most tempted to doubt God's goodness?
3. How do you recognize your own stage of growth—physically, mentally, emotionally and spiritually?
4. When have you attempted to produce fruit without first being intimate with Christ? How do you know what is bearing fruit in your life or not bearing fruit?
5. Do you know and believe that you are loved by God? By Others? Did you ever struggle to believe this? Where does the confidence of His love come from? What would have to change for you to believe that God loves you?

WEEK 3:

1. How would you describe joy to someone who doesn't think they have ever experienced it? What obstacles to joy have been most stubborn in your life?
2. How has faithfulness been demonstrated to you? How have you demonstrated faithfulness? How is faithfulness measured?
3. How has gentleness been developed in your life?

4. What aspect of your soul had the most difficult time with submission—your mind, your will, or your emotions? Are most of your thoughts throughout the day guided by the Holy Spirit or the Natural man?
5. Describe an experience of when you resisted / received the pruning process? Have you repented? What has it produced? How do you praise through these experiences?

WEEK 4:

1. Do you know people who are good at receiving others? How do they demonstrate this?
2. How are the fruits of the Spirit dependent on the quality of your spiritual environment?
3. How has the Lord expressed His goodness to you? Through you?
4. If He never leaves or forsakes us—how does this affect your ability to walk in faithfulness?
5. Meditate on Ephesians 3:19. Ask the Holy Spirit to reveal what needs to occur to increase your capacity to soak up His love? Identify the barriers; and the invitation. When you are living according to the Spirit and are complete with ALL the fullness of the life and power of Jesus, what will people observe?

BONUS QUESTIONS:

1. What is your understanding of a “spiritual leader” or “spiritual parent”? Do you have one you trust to speak into your character? Are you a spiritual leader to others? Why or why not?
2. Is it easier for you to recognize the kindness of God in the Father, the Son, or the Holy Spirit?
3. How is the faithfulness of a servant different from the faithfulness of a son? Why would a servant be faithful? Why would a son be faithful?
4. Do you live in the full freedom that Jesus offers? Going into places and out of situations completely free?
5. What are you saying yes to, even “good” things, that might be stopping you from bearing God’s fruit in your life or living out His purpose for you fully?